

Snorkeling

Female sizes for snorkeling			
Height in cm	Max weight allowed in kg	Height in ft. in.	Max weight allowed in lbs
150 cm - 155 cm	90 kg	4'11" - 5'1"	198 lbs
156 cm - 159 cm	100 kg	5'2"	220 lbs
160 cm - 174 cm	110 kg*	5'3" - 5'8"	242 lbs*
175 cm - 179 cm	115 kg	5'9" - 5'10"	253 lbs
180 cm - 200 cm	120 kg	5'11" - 6'7"	264 lbs

Male sizes for snorkeling			
Height in cm	Max weight allowed in kg	Height in ft. in.	Max weight allowed in lbs
150 cm - 159 cm	85 kg	4'11" - 5'2"	187 lbs
160 cm - 166 cm	90 kg	5'3" - 5'5"	198 lbs
167 cm - 177 cm	110 kg	5'6" - 5'9"	242 lbs
178 cm - 200 cm	120 kg	5'10" - 6'7"	264 lbs

Scuba diving

Female sizes for scuba diving			
Height in cm	Max weight allowed in kg	Height in ft. in.	Max weight allowed in lbs
150 cm - 154 cm	65 kg	4'11" - 5'0"	143 lbs
155 cm - 159 cm	70 kg	5'1" - 5'2"	154 lbs
160 cm - 167 cm	100 kg*	5'3" - 5'5"	220 lbs*
168 cm - 169 cm	80 kg	5'6"	176 lbs
170 cm - 175 cm	90 kg	5'7" - 5'8"	198 lbs
176 cm - 182 cm	95 kg	5'9" - 5'11"	209 lbs
183 cm - 189 cm	100 kg	6'0" - 6'2"	220 lbs
190 cm - 200 cm	120 kg	6'3" - 6'7"	164 lbs

Male sizes for scuba diving			
Height in cm	Max weight allowed in kg	Height in ft. in.	Max weight allowed in lbs
150 cm - 159 cm	85 kg	4'11" - 5'2"	187 lbs
160 cm - 166 cm	90 kg	5'3" - 5'5"	198 lbs
167 cm - 177 cm	110 kg	5'6" - 5'9"	242 lbs
178 cm - 200 cm	120 kg	5'10" - 6'7"	264 lbs

NOTE: The minimum height allowed for all activities is 150 cm (4'11), the minimum weight allowed for all activities is 45 kg (99 lbs)

